

Autumn 4 2024

## Reception

In Reception the children have been drawing self portraits and using the photos from home to think about themselves and their families. The children will begin phonics teaching next week!

**Please note:** we will be holding a curriculum meeting for parents of children in Reception on Tuesday, 8th October at 7 pm (it should last about one hour). We will share how we will be teaching phonics, early reading and early maths and how you can support at home. This is for adults only. Afterwards, FOMS will be hosting a Reception Social event from 8pm to 9pm. which will be a chance to meet each other in a more relaxed environment. We hope you are able to join us.

The government provide a free fruit/vegetable snack for the children in Reception to Year 2. If your child is in KS2, and would like to have a snack then you are welcome to send in a small piece of fruit/vegetable. This is not something that the school is able to provide.



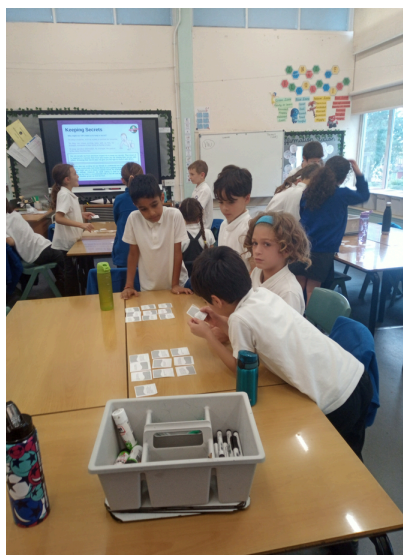
## Year 4

As part of our PSHE curriculum we teach the children about friendships. In Year 4 they have been looking at features of good relationships and what to do if you are not happy in a friendship.

In Science they have been investigating evaporation.

## Year 1

The children have been retelling the story of Beegu using puppets. In Maths they have been learning how to use the more than and greater than signs.



## Parking and Driving

Please remember that our neighbours need to be able to access their homes in the morning and the afternoon and have their bins emptied. Parking in a way that stops this is antisocial and causes unnecessary stress and frustration for other parents and neighbours.



Thank you for putting forward your suggestions for fundraising activities and events. Last week, FOMS were joined by Ms Deasey and a few parents in an interactive session at the school where we discussed a long list of ideas. We are looking to put together a year of fun and exciting events to bring our school community closer together and raise funds for the school!

Here are a few upcoming activities to kick off:

### **Reception Night - Tuesday, October 8th, 8-9pm**

FOMS will be hosting a social evening for all reception parents on Tuesday, October 8th. It is an opportunity to meet fellow parents, teachers and FOMS community, while learning more about your child's classroom experiences. We look forward to seeing you there!

### **Get ready for Pjama Day! £1 - Friday, October 25th**

Children (and staff) are encouraged to bring a £1 on Friday, October 25th and come to school in your favourite PJs for a day of learning in a fun and relaxed environment.

### **Penny Jar - It's Coming!**

Every class will receive a Penny Jar. Children are welcomed to collect coins and help fill up the jar. The class that collects the most money will win a special prize! All money raised will go towards enhancing the children's learning experience at Monkfrith. Stay tuned for more details.

Thank you for your continued support and involvement.

We look forward to a fantastic year filled with memorable events and community spirit!



### **Year 5**

There has been lots of scientific learning happening in Year 5 this week. The observations of the caterpillars continue. Most have now made their cocoons! They have also been investigating eggs as part of their work on life cycles.

Next Wednesday, Year 5 will be heading to Kingswood in Kent for their 2-night residential trip!

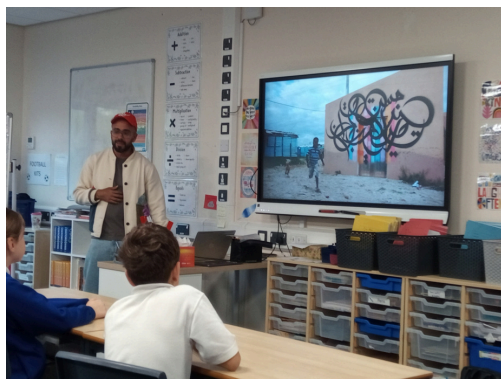
Thank you so much to everyone who supported and donated to Noah's Ark. This is make a huge difference toward this worthy cause.

We survived through the mud, electric shocks and ice cold water but due to fantastic teamwork we finished with smiles of our faces.

There is still time to donate if you would like to:  
<https://www.paypal.com/pools/c/97Ktf4GZ5N>

Thank you once again.

The Monkfrith Mudders



### Year 6

On Wednesday, Year 6 were lucky enough to have a visiting artist, El Seed (also known as Dina in Year 6's uncle!)

He showed them a range of his artwork including sculpture and typography from different places around the world including Dubai, South Korea and Egypt. He explained to the children that a lot of his work is based on poetry and has a written message. He wrote every child's name in Arabic for them to take home. The children used calligraphy pens to practise writing their name in a different font/style to what they're used to. You can see some of his work here:

<https://elseed-art.com/projects/perception-cairo/>

Have a look!



### Year 2

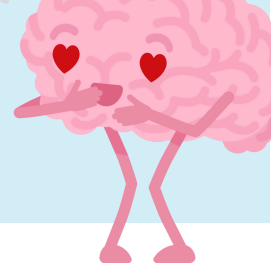
In their PSHE lessons this week, the children have been looking at foods from around the world. This links to their topic, Scrumdiddlumptions. They have also continued their work using the text, The Incredible Book Eating Boy.



### Year 3

The children have been writing their non chronological reports about sharks as well as reading their class book, Krindlekrax by Philip Ridley. In RE, the children have been learning about faith.

# Supporting your child's emotional regulation



Emotional regulation is the ability to manage our emotions. We all experience different emotions in response to our thoughts and feelings and because of what is happening around us. We are all different, and so the same thing can happen to two people, and yet they could both feel totally different emotions.

Regulating our emotions is a skill. Some of us learn to regulate our emotions as we grow up. Some of us find it easier than others.

Our thoughts and feelings help us to decide how to respond to a situation and what actions to take; they influence our behaviour. If we learn to regulate our emotions, then instead of acting impulsively and doing something that we regret, we are able to make better choices.

## Emotion Recognition

The first step to successful emotion regulation is being able to recognise emotions. Children need to be able to recognise their own emotions and the emotions of others.



## ZONES OF REGULATION!

Blue	Green	Yellow	Red
Sick Sad Tired Bored Moving Slowly	Happy Calm Good to Go Focused Ready to Learn	Frustrated Worried Silly/Wiggly Anxious Excited	Mad/Angry Mean Yelling/Hitting Out of Control I Need Time and Space

In order to help your child to recognise the emotions of themselves and others you could:

- Label the emotions of characters in TV shows, films or books when you are watching or reading. Eg. I can see that ... is sad because...
- Give a name to the emotions you are feeling so your child can learn what you look like when you are feeling a particular way.

## Keeping your child safe online



### Child Exploitation and Online Protection

[This website has lots of resources, videos and guides to help parents support their children with using the internet safely.](#)

### Nip in the Bud

[Nip in the Bud is a charity that offer support around mental health and provide resources for parents too. They have produced some interesting films for parents about children, technology and mental health which you can find here.](#)

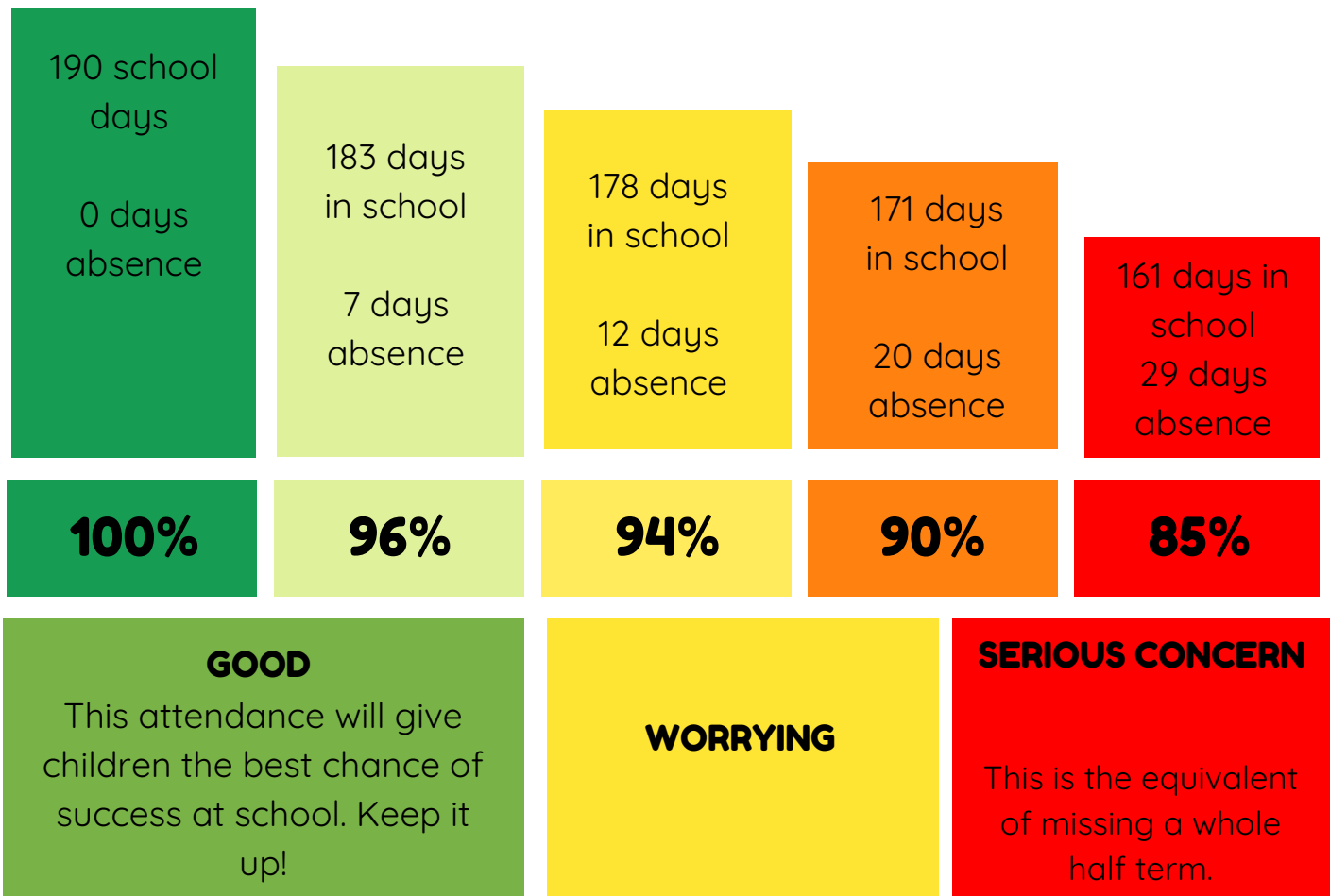


# EVERY SCHOOL DAY COUNTS

365 DAYS IN A CALENDAR YEAR

175

There are 175 non-schol days during the year to spend on family time, visits, holidays, shopping, household jobs and appointments.



## Attendance this week

Oak	97%	2M	95%	5S	99%
Willow	96%	3D	98%	5LD	93%
1C	97%	3F	99%	6P	99%
1K	100%	4B	98%	6K	97%
2CW	98%	4P	96%	Whole School	97%

# Dates for 2024/5

October - Black History Month 'Reclaiming Narratives'

2nd October to 4th October - Year 5 to Kingswood

7th October - Year 6 Bikeability

8th October - Curriculum Meeting for EYFS parents (Phonics and Maths) 7pm and **FOMS Reception Social**.

**16th October - Year 6K to Christ Church**

**17th October - Year 6P to Christ Church**

18th October - **Show Racism the Red Card** (children to wear red)

21st October - Year 3 Predator Workshop

21st/22nd October - Parent Consultations

Friday 25th - Last Day of Autumn 1 (normal finish time). Flu Vaccinations

**Pyjama Day (£1 donation to FOMS)**

Monday 28th October to Friday 1st November - HALF TERM

Monday 4th November - First Day back

4th November to 15th November - Year 5 Swimming Block

8th November - Individual/Sibling Photos

11th and 13th November - Reception Parent Consultations

**25th November - Year 5 to the British Museum**

**29th November - Year 4 to the British Museum**

12th and 13th December - Reception Nativity (9.30am)

16th December - Year 2 to Christ Church

Friday 20th December - Last Day of Autumn Term (2pm finish)

Spring Term 2025

Monday 6th January - First Day back of Spring Term

Friday 14th February - Last Day of Spring 2 (normal finish time)

Monday 17th February to Friday 21st February - HALF TERM

Monday 24th February - First Day back of Spring 2

Friday 4th April - Last day of Spring Term (2pm finish)

Summer Term 2025

Tuesday 22nd April - First Day of Summer Term

Thursday 8th May to 9th May - Year 4 to Phasels Wood

12th May - Year 6 SATS week

18th May - 23rd May - Year 6 to the Isle of Wight

Friday 23rd May - Last day of Summer 1 (normal finish)

Monday 26th May to Friday 30th May - HALF TERM

Monday 2nd June - INSET Day

Tuesday 3rd June - First Day of Summer 2

Friday 4th July - INSET Day

Friday 18th July - Last Day of Term for pupils 2pm finish

Monday 21st July and Tuesday 22nd July - INSET Days